

## PRE-SURGICAL CHECKLIST

**\*\*\* Please read through all of the following information to ensure \*\*\*  
your surgical appointment goes as smoothly as possible.**

### The week before your appointment:

- \_\_\_\_\_ Fill your prescriptions (if any were given) or pick up your prescriptions if they were called in for you.
- \_\_\_\_\_ **This is mandatory if you are taking a pre-surgery sedative (Triazolam or Halcion) and/or if you are having IV sedation.** Arrange for someone to drive you to the appointment, pick you up, and stay with you until the effects of the medication(s) wears off. Your driver should be someone you know well, and cannot be a taxi driver.
- \_\_\_\_\_ **Read, sign, and have witnessed** all of your consent forms. A spouse, friend, co-worker, etc. can witness your signature. This **MUST** be done prior to taking any pre-surgical sedative. If you need new consents, please call the office at (214) 691-2404.

### The day before your appointment:

- \_\_\_\_\_ If an antibiotic (Amoxicillin, Erythromycin, Z-Pak, or other) and/or anti-inflammatory (Motrin or Ibuprofen) has been prescribed, begin taking it **24 hours** before your scheduled appointment, unless otherwise instructed.
- \_\_\_\_\_ For patients having day surgery in a hospital or sedation in our office, consume **NO** foods or drinks for six (6) – eight (8) hours prior to your procedure.
- \_\_\_\_\_ Do not consume any alcohol or street drugs 24 hours prior to your appointment.
- \_\_\_\_\_ Shop for soft foods to eat while you are recuperating.

### The day of your appointment:

- \_\_\_\_\_ If you are having sedation, please do not consume any food or drink for six (6) – eight (8) hours prior to your appointment (unless you are a diabetic – then ask for specific instructions).
- \_\_\_\_\_ If you take **premedication** prior to dental appointments, please take this before your surgical appointment as instructed by your physician.
- \_\_\_\_\_ Wear loose, comfortable clothing and be sure the sleeves can be raised to the shoulder (so we can monitor your blood pressure).
- \_\_\_\_\_ Do not wear make-up, foundation, face powder, false eyelashes (these harbor bacteria), and remove all nail polish (so we can monitor your oxygen saturation).
- \_\_\_\_\_ Continue taking all prescribed medications (unless otherwise directed). These can be taken with only enough water to get the pills down the morning of your surgery.
- \_\_\_\_\_ **Do not wear contact lenses.** Please wear eyeglasses instead.
- \_\_\_\_\_ Bring your signed and witnessed consent forms with you. **If these are not signed before taking any sedative medications, we cannot perform your surgery!**